

An Invitation to Lent: Teach Us to Pray

We aren't alone!

The 40 days of Lent call us to make ourselves available to God, through repentance, prayer, sacrificial giving, and acts of love. Why? Because we are created for oneness with God, to love one another and to live in harmony with creation...and that takes intention, practice, and belonging to a community moving together in that same counter-cultural direction.

Join in. Make use of your emptier calendar during the pandemic. Experience the difference Lenten practices can make.

Worship

Ash Wednesday
Holy Week

Learn

The Journey
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Practice

Online Devotional
Lenten Map for Families
Centering Prayer
Lenten Offering
Good Friday 24-Hour Prayer Vigil

Worship



Ash Wednesday – Wednesday, February 17, 7 PM *Zoom and Facebook*

This service will include beautiful music, confession, absolution, and a brief sermon. There are the ash crosses enclosed in this mailing (in the form of temporary tattoos) to use during worship.

Holy Week Worship Schedule

Palm Sunday – March 28th 11 AM

Palms will be available for pickup at both of the Pastor's houses.

Maundy Thursday – April 1st 7 PM

We will celebrate Holy Communion together in a special way.

Good Friday – April 2nd 7 PM

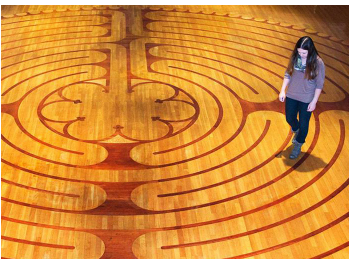
Easter Sunrise Service – April 4th 7 AM

Assuming we are able, we will gather outside for worship at Carkeek Park.

Easter Festival Worship – April 4th 11 AM

We will worship with orchestra, handbells, communion, and great celebration!

Practice



Online Devotional

Receive a thoughtful devotion written by members of our church in your inbox every day during Lent, based on key words and concepts in the Lord's Prayer. Is your email current? If not, email Debbie at communications@ourredeemers.net.

Lenten Map for Families on the Fridge

Enclosed is a great devotional map for kids (and adults!) Hang it on your fridge and give it a try. Instead of just fasting, this exercise gives us a chance to mix it up and try different ways of sharing our faith.

Centering Prayer Wednesdays, 6:30–7 PM on Zoom

A wonderful Lenten discipline would be to join in our weekly practice of Centering Prayer. Pray in silence with others. *Link to connect:* <https://rb.gy/o8zckc>.

Lenten Offering*

COVID-19 is having a devastating impact on global hunger and poverty. Join our Social Justice team in giving generously to ELCA World Hunger (www.elca.org/hunger).

Good Friday 24-Hour Prayer Vigil April 2–3

Sign up for one hour of prayer at home between noon Friday and noon Saturday. Sign up information will be available closer to the day.

* To give, make your check out to Our Redeemer's, noting LWH Lent, or online www.ourredeemers.net/donate/, or by text using the LENT fund line.

Learn

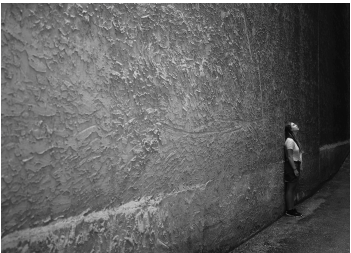


The Journey Sundays, February 28 thru March 21, 4 – 5:30 PM

Do you want to know more about becoming a member of Our Redeemer's community and/or deepening your faith? We invite you to take part in "The Journey".

- Get acquainted with members and ministries that make up Our Redeemer's.
- Learn how Our Redeemer's' understanding of God and the Bible may or may not be what you're familiar with.
- Ask questions and share experiences and figure out where you'd like to be involved.
- Spend time with God's vision for Our Redeemer's' future: What's planned? What's still being shaped?
- Start to feel more like you belong.

Let Pastor Kathy (kathyh@ourredeemers.net) or Pastor Gretchen (pastor.gretchen@ourredeemers.net) know, if you'd like to be a part of the Journey or if you have any questions.



Adult Education

Lord, Teach Us To Pray: Adult Forums in Lent with Dana Wright

Sundays, February 21 thru March 29 – 9:30 AM

- **February 21:** "Our Father Who Art in Heaven, Hallowed Be Thy Name." *Jesus begins his instructive prayer by orienting the disciples to the creative origin of all life and blessedness, the Father in heaven.*
- **March 1:** "Thy Kingdom Come, Thy Will Be Done, on Earth as It Is in Heaven." *The disciples are to prayer for God's heavenly authority and power to come to earth.*
- **March 8:** "Give Us This Day Our Daily Bread." *Moving downward to the very nitty gritty of human existence, the prayer recognizes God as the source of earthly, embodied, existence.*
- **March 15:** "Forgive Us Our Debts as We Forgive Our Debtors." *Human beings cannot live by bread alone but by the Word of God taking root deeply within our spirits where ongoing forgiveness is essential.*
- **March 22:** "Lead Us Not into Temptation but Deliver Us from Evil." *The prayer moves down deeper into the place where the issues of life come up again and again.*
- **March 29:** "For Thine is the Kingdom, the Power and the Glory Forever, Amen." *This phrase was probably added to the prayer to make it suitable to formal worship. But we might also understand this phrase in light of Irenaeus' wonderful phrase: The glory of God is humanity fully alive."*

